

Moving Light Dance

COVID 19 Reopening Guide for Moving Light Dance Students and Families (as of 9/3/20)

The health and safety of our students, teachers and families is our top priority. We appreciate your taking the time to review these guidelines thoroughly. Our plan revolves around our collective participation and cooperation in major changes to how we operate and use the studio. Together, we can keep ourselves and each other safe and healthy, while returning to the studio as responsibly as possible.

OVERVIEW

- Scheduling of classes into small groups that do not interact with one another.
- Wearing of masks during arrival and departure.
- Specific and limited drop off and pickup times for each class.
- “Stay Home” illness policy and daily temperature checks and screening of students and staff for symptoms of COVID-19. Visitors not permitted in the lobby or studio.
- Closure of all common areas including the patio and lobby.
- Increased sanitation of high-touch areas by staff and professional cleaning of the studio.

Classes will be offered on a registration-only basis in small groups.

No drop in students are permitted, and no makeup in another group will be allowed.

Maximum class sizes (not including one faculty member) for each class will be established.

ARRIVAL

Each class will have a designated 10-minute arrival period during which students will enter the building.

Students should wear masks and arrive on time.

Students arriving by car should only exit the vehicle during the 10-minute arrival window.

Students can wait outside of the entrance as long as they maintain social distancing (6 feet apart or greater) from others.

Students will not be permitted to enter the building earlier than their scheduled arrival window, even in the event of inclement weather.

Only one student at a time will be permitted into the lobby to remove outer clothes and shoes and store belongings in a cubby or on a hook.

Students should go directly to the bathroom to wash their hands and then into the studio.

Students will go immediately to a spot in the studio where then they may put on ballet slippers and other dance or warm up gear. **There will be no dressing in the lobby or bathrooms.**

Students ages 6 and under may be accompanied for arrival procedures (waiting in line outside, into the lobby and bathroom for handwashing). Caregivers are to wear masks and to leave immediately after the student is inside the studio.

SCREENING AND HANDWASHING

Students should stay home if they feel sick. If a student presents with symptoms, they will be isolated and sent home. Staff will verbally screen students for symptoms of COVID-19 each day including administering temperature checks to every student, in addition to using a list of symptoms provided by the Vermont Department of Health. Students who report or are exhibiting symptoms will be isolated in the lobby until a caregiver is able to pick them up. Hand sanitizer is available in the studio and students should wash their hands thoroughly using soap and warm water for 20 seconds after using the restroom.

BATHROOMS

Use bathroom for “emergencies” only. Because restrooms contain high-touch surfaces that can be vectors for virus spread, we are encouraging students to reserve the bathroom for “emergencies” only and try to use the bathroom prior to leaving home for the studio. The bathroom is not to be used as a changing area.

CLASS

Teachers and students will remain socially distanced during class. Students will be assigned a designated spot at the barre when class begins. Class will be conducted very differently than the dance classes students are used to. Students should understand some combinations and exercises they are familiar with doing will not be permitted in this new phase of operations. Teachers have been trained in the new systems and expectations and will be verbally leading students through class while remaining socially distanced. Hands on corrections or

adjustments will not be permitted. In center, every effort will be made to keep students distanced from one another including modifications to certain types of combinations that include traveling, turning, or jumping. Students should also be considerate of the surfaces they touch in addition to the barre and should always use a mat when doing exercises or stretches on the floor.

PERSONAL BELONGINGS

Students should bring their own water bottles. Students should remember never to share items with others. Students should keep all of their personal belongings stored together in a cubby or on a hook (water bottles & pointe shoes with them). Items left behind at the studio will be discarded after each class.

VISITORS

Caregivers and visitors are not permitted in the building and should only enter the lobby wearing a mask to assist younger dancers ages 6 and under for arrival and departure. The lobby is not to be used as a waiting area.

DEPARTURE

Each class will have a designated 10 minute departure period in which students will exit the building.

Students should wear masks during departure. Late pickups will be charged \$1 per minute.

Teachers will end class promptly at the specified time for departure procedures.

Caregivers will need to line up distanced 6 feet outside the studio entrance and should be visible to the teachers when class ends to ensure prompt and safe pickup within 10 minutes following the end of class.

Students will be dismissed one at a time to gather their belongings in the lobby and wear masks while departing.

Because of the importance of prompt pickup to allow time for teachers to sanitize surfaces between classes, we are implementing a late pickup fee of \$1 per minute beyond the departure period. Students being picked up late can be picked up from the lobby. Additionally, to ensure safe and consistent pickup procedures throughout the session, families with more than three late pickups will be removed from the program.

SANITATION/CLEANLINESS

Increased cleaning and sanitation will be implemented to lower risk of virus transmission. High-touch surfaces including ballet barres, door handles, and restroom fixtures will be cleaned and sanitized between each group of students by teachers. Additionally, a cleaning of the building will be done each evening to decrease risk to the health and safety of our teachers and students.

ILLNESS POLICIES

Monitor for symptoms, stay home if you're sick. It is important for students and families to monitor for symptoms of COVID-19 and stay home if they feel sick and notify Moving Light Dance immediately. In accordance with the Vermont Department of Health, any student who develops symptoms while on the premises will be isolated. Moving Light Dance will monitor guidance from the Department of Health regarding safe operation of programs and facility in the event a student or staff member tests positive for COVID-19.

TEACHER POLICIES

Teachers are required to wear masks when entering, exiting the building and for arrival and departure procedures. Any teacher who feels sick should stay home. Teachers will be screened daily for COVID-19 symptoms. Teachers presenting with any COVID-19 symptoms will be asked to go home and a substitute will take over or the class will be cancelled.

SCHEDULE

In order to follow guidelines and keep the business open the schedule would look as follows.

Late pick up will be charged additional fees of \$1 per minute.

Mondays Ballet 4 Arrival time 3:50-4pm, Class 4-5:45pm, Pick up 5:45 – 5:55pm

Cleaning 5:55 – 6:05pm

Monday Ballet 5 Arrival window 6:05 – 6:15pm, Class 6:15 – 8pm, Pick up 8 – 8:10pm

Tuesdays Ballet 5 Arrival Window 3:50-4pm, Class 4-6:30pm, Pick up 6:30 – 6:40pm

Wednesdays Contemporary Intermediate Arrival Window 3:50-4pm, Class 4-5:30/Comp 6pm, Pick up 6 - 6:10pm

Cleaning 6:10-6:20pm

Wednesday Contemporary Advanced Arrival window 6:20 – 6:30pm, Class 6 :30– 8pm/8:30pm, Pick up 8:30 - 8:40pm

Thursdays Ballet 3 Arrival window 3:50-4pm, Class 4-6pm, Pick up 6– 6:10pm

Cleaning 6:10 – 6:20pm

Thursdays Modern Arrival window 6:20 – 6:30pm, Class 6:30 - 8pm, Pick up 8 -8:10pm

Fridays Ballet 4 Arrival time 3:50-4pm, Class 4-6:30pm, Pick up 6:30 – 6:40pm

Saturday Fantasy Ballet Arrival Window 8:50-9am, Class 9-9:40am, Pick up 9:40-9:50

Cleaning 9:45 -9:55am

Saturday Ballet 1 Arrival window 9:50 –10am, Class 10 -10:55 am, Pick up 10:55-11:05am

Cleaning 11 – 11:10am

Saturday Ballet 2 Arrival window 11:05-11:15, Class 11:15-12:10, Pick up 12:10– 12:20pm

Cleaning 12:10-12:25pm

Saturday Ballet 3 Arrival Window 12:20 -12:30pm, Class 12:30 – 2:00pm, Pick up 2-2:10pm